

CLEANING MANUAL Feel at home in the Czech Republic

KITCHEN



You can use either liquid or sand-based dish soap to do your dishes (e.g. JAR or Cif)



Liquid dish soap is colloquially called "jar" (pronounced as "yar") in Czechia and is sold in various colors and volumes – among the most common brands belong JAR, Pur, Frosh and Jelen



Sand-based dish soap (e.g. Cif) is good for tougher stains (e.g. from curry/turmeric, red wine or beetroot)



You can also use Cif to wash your kitchen counters, tables, and other kitchen appliances if you come across tougher stains



Don't forget to use a limescale remover (see below) to remove water sediment from your stainless steel sink and taps!



Wipe the water around your sink after you use it – if you don't, the kitchen countertop might swell up and decay



If you have a ceramic hob as your stovetop, you need to clean it after every time you cook or the food will get "baked into the surface" – you'll never get rid of it again



The same goes for your microwave and stove – clean them after every use!



Clean your fridge regularly and defrost your freezer at least once a year (remove all the food and turn off the fridge completely when you do this and properly wipe everything)



Any food remains should go in the garbage, NOT in the sink drain or the dishwasher, as that would clog up the pipes – we typically do not have garbage disposals in the Czech Republic

S BATHROOM



At least once a week, make sure to clean your shower/bathtub from limescale – to get rid of limescale, you can use for instance Cillit Bang, Pulirapid, or vinegar-based liquid cleaners (e.g. Frosch with raspberry vinegar) or special version of Cif made for bathrooms



After every shower, air out the bathroom and keep the exhaust fan on for at least 15 minutes to avoid molding



Any stainless steel bits in your bathroom (all taps and the shower hose) should also be de-limescaled regularly



Clean your toilet regularly so it's not dirty with sediments – for this, use those "duck neck-shaped" cleaners to get under the toilet fold. Examples of cleaners you can use include WC NET and DUCK



Get a toilet plunger and toilet brush



If you see tiny black dots in the white silicone in your bathroom, look out – that's mold! You will need to get rid of it as soon as possible by spraying it with an appropriate cleaner that will disinfect the surface and kill all the bacteria, e.g. SAVO for molds ("SAVO proti plísním" in Czech)



Some versions of SAVO for molds can also be used for mold in other parts of your apartment, e.g. on the walls – but make sure to ask the shop assistant so you don't destroy the paint!



In both kitchen and bathroom, you also need to regularly clean out your drains (sink in the bathroom, bathtub, shower, sink in the kitchen) using a chemical cleaner to make sure they don't clog: you can use e.g. Fredy or Krtek for this

♦ OTHER



Clean your windows regularly (depending on the weather and how dirty they are – about once in 6 months) – use the correct cleaner, meant for glass, e.g. Clin and make sure to use a squeegee to avoid stains



You can use the same cleaner to polish your mirrors



Regularly sweep/vacuum and mop your floors using an appropriate cleaner (e.g. SAVO for floor or AJAX)



When drying your laundry, place the rack on tiles to avoid wetting the wooden floors



If you have wooden floors, MAKE SURE NOT TO USE TOO MUCH WATER AND ENSURE THAT THEY DRY FAST BY OPENING A WINDOW! (If you make your wooden floors too wet, they will swell up and decay) and use a proper wood cleaner, e.g. ALEX



Air out your apartment regularly (by opening the entire window) to avoid molding



If you do find any mold, don't panic and make sure to disinfect the spot using an appropriate bleach-based cleaner (e.g. SAVO for paint)



Dust all surfaces regularly for your own health, including the window blinds





Don't let them pee on the wooden floors – NOT EVEN on a pee pad if it's placed on the wooden floor



Only put pee pads on tiles or make sure your pet only pees outside or in a pet toilet



Vacuum and sweep pet hair regularly

Where to get all these cleaners?

The majority of the products we recommend here are **available in most stores all over the Czech Republic,** including big supermarkets. You can also **go to a drug store** to get cleaning supplies, e.g. DM or Rossmann. If you prefer environmentally-friendly cleaners, Ecover is a brand that offers a number of different environmentally-friendly cleaners for various surfaces.

Not a fan of cleaning up? Get a cleaning service!

Some people simply don't like cleaning up and that's completely understandable. However, **you still need to keep your apartment in good condition,** so you don't lose your deposit when moving out. In that case, we recommend you get a cleaning service.